

Nasonville School Newsletter



Char Ulrich, Principal

March 2021

- 2 **-Read Across America Day!**
- 8 -Scotty's Pizza Night
- 9 -Scotty's Pizza Night
- 11 **-REINFORCEMENT DAY**
- 14 -Daylight Saving Time Begins
- 17 **-St. Patrick's Day!**
- 20 **-First Day of Spring**
- 23 -End of Quarter 3



March 22-25 -Grade 4 Forward Exam Testing

- 26 **-REINFORCEMENT DAY**

March 29-April 2 Spring Break Week



PRINCIPAL'S CORNER

The sunny days and warmer temperatures can mean one thing...Spring is on its way!



March temperatures can fluctuate from warm to cold day by day. Just like last year, students will need to adhere to the following guidelines: if the wind chill is in the 30's, jackets must be worn outside; if the wind chill is in the 40's, a jacket must be taken outside but worn only if the child feels s/he needs it. Please encourage your child to dress appropriately for the weather.

As a reminder: Please do not allow your child to wear flip flops, pajama pants or pants with large holes in them to school. Students are here to work/learn and appropriate attire helps them to do this.

100TH DAY CELEBRATION!

On February 2, 2021 the kindergarten students at Nasonville celebrated the 100th day of school by doing a variety of activities. All of the kindergarten students were asked to dress how they thought they would look when they are 100 years old. Students had a lot of fun on this special day of the year!

CONFERENCE MEALS

Thank you PTO for the meals during parent/teacher conferences. The dinners were a welcomed break.



MARK YOUR CALENDARS!

FORWARD TESTING DATES

Grade 3	April 26 – 29
Grade 4	March 22 - 25 April 5 – 9
Grade 5	April 12 – 16
Grade 6	April 20 – 22

SUMMER SCHOOL



You can register your child(ren) online through [Skyward Family](#)

[Access](#). Online registration will open **April 13th at 5:00 a.m. and closes at 5:00 p.m. on Friday, April 22nd**. Classes are filled in the order registrations are received.

Please use the grade your child will be in during the 2021-22 school year when selecting classes.

Summer School classes begin on **Monday, June 14th** and end on **Friday, July 23rd**.

STUDENT ABSENCES & FAMILY TRAVEL REMINDERS

Based on Wisconsin State Statute 118.15 (3) [c], parent(s)/guardian(s) are authorized to excuse their student from school attendance for any or no reason, up to a maximum of ten (10) school days in a school year, provided they notify the school in writing prior to the absence. (A school day is defined as all or any part of a school day.)

Examples of absences that would fall under this category include: medical appointments, family vacation, court appearances, funeral services, state tournament games, hunting, and family emergencies.

Notification Procedure: The parent or guardian of the student **must notify the office in writing one day prior to the time of absence.**

Pre-Excused Make-Up Form on Future Absence(s): Students are to pick-up, complete, and return to the office a Pre-Excused Absence form prior to the day of absence which indicates to the student what lessons and assignments will be missed. The form also allows the teachers and office to be aware of the student's upcoming absence. (The pre-excused absence form is required for students missing three (3) or more consecutive days.)

Please keep in mind that it is very time consuming for teachers to put together student work for an upcoming absence. It is difficult to pull things together last minute when proper notification is not given.

NO "VIRTUAL FOR A DAY" OPTION

My child attends in-person school. Can I choose virtual learning for my child for 1 or 2 days if I want to?

The general answer to this question is, "no". If your child attends in-person school, you have 10 days in a school year to excuse your child from school. If your child is not going to be in school, you should contact the office before 8:00 AM and indicate the reason for the absence. They will be marked absent, and will receive their missed work either virtually or when they return.

MASK REMINDER



Students have done a great job of remembering their masks! *Thank you!*

Be sure to take a look at your child's masks to ensure they continue to fit properly. The neck gators tend to stretch out over time and don't stay up very well for most students.

The disposable masks are a great option that fit well, provide the best protection, and don't require daily laundering.



HEALTH SERVICES

School District of Marshfield
1010 East Fourth Street
Marshfield, Wisconsin 54449

JUDY AKIN, RN, MS
TAMMY VOSS, RN, BS
District Nurses
425 West Upham Street
Office: (715) 384-4747, ext. 2109

MARCH IS NATIONAL SLEEP AWARENESS MONTH

Did you know that children & adolescents who do not get enough sleep have a higher risk for health and behavior problems? This includes problems such as obesity, diabetes, injuries/accidents, poor mental health, and problems with memory, attention and behavior. The American Academy of Sleep Medicine recommends that children between the ages of 6-12 years should routinely sleep 9-12 hours per day and teenagers aged 13-18 years should sleep 8-10 hours per day. According to the CDC 6 out of 10 students in grades 6-8 and 7 out of 10 students in grades 9-12 do not get enough sleep. Unfortunately, the pandemic has significantly altered sleep patterns for children & adolescents.

There are several things you can do to help your child get the sleep they need:

- **Establish a daily routine for your family & stick to a consistent sleep schedule. Children, including adolescents, whose parents set bedtimes are more likely to get enough sleep. Ideally, try to keep the same bedtime and waking time, even on days when school is not in session.**
- **Limit technology use prior to bedtime. Set a “digital curfew” when electronic devices may no longer be used, even 30-60 minutes before going to bed, and remove them from the bedroom. This includes TV, computers, tablets, & cell phones. The blue light emitted from these screens interferes with melatonin production and can reset the body making it harder to fall asleep.**
- **Reading a printed book with your child or allowing them to read one themselves before going to sleep is an excellent substitute for using electronic devices. For older children, writing in a journal can also help them to fall asleep.**
- **Avoid caffeine beginning in the late afternoon and avoid large meals or sugary treats prior to bedtime. Instead, opt for a healthy snack about an hour before bed.**
- **Make sure your child’s bedroom is quiet and dimly lit.**
- **Encourage regular exercise. Keep in mind sleep positively impacts athletic performance and decreases the risk of injury. Make adequate sleep a priority for young athletes.**





Dine To Donate

Scotty's Pizza and Chicken & **Nasonville School** are teaming together to raise money for your school!!

On Monday March 8th & Tuesday March 9th Nasonville School and Scotty's Pizza are teaming up to raise money for your school P.T.O.

Turn in the bottom portion of this slip to *Scotty's* Pizza and Chicken completely filled out and **18%** of your total bill will go to your P.T.O. The class with the most slips returned will get a pizza party with 5-16" one topping pizzas.

Use this opportunity to support your school by ordering for dine-in, pick up, or delivery. Call 715-384-8118 or check out our website @ scottyspizza.com

School night special is buy 2- large two topping pizzas with crazy crusts and a 2 liter of soda for only \$27.99 (save \$20.99)

Win a pizza party for your class!!

-----cut here-----

Child/Children's name _____

Teacher/Teacher's name _____

RETURN THIS SLIP TO EARN MONEY FOR YOUR P.T.O. AND WIN A PIZZA Party for your class!

****Nasonville-March ****

March 2021

Elementary

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <ul style="list-style-type: none">• Cereal• Fruit Cup• 1 % Milk	2 <ul style="list-style-type: none">• Breakfast Parfait• Homemade Granola• 1 % Milk	3 <ul style="list-style-type: none">• Mini Pancakes• Fruit Cup• 1 % Milk	4 <ul style="list-style-type: none">• Cereal Bar• String Cheese• Fruit Cup• 1 % Milk	5 <ul style="list-style-type: none">• Homemade Coffee Cake• Fruit Cup• 1 % Milk
8 <ul style="list-style-type: none">• Cereal• Fruit Cup• 1 % Milk	9 <ul style="list-style-type: none">• Yogurt• Muffin• Fruit Cup• 1 % Milk	10 <ul style="list-style-type: none">• Breakfast Bread• Fruit Cup• 1 % Milk	11	12 <ul style="list-style-type: none">• Soft Filled Cereal Bar• Fruit Cup• 1 % Milk
15 <ul style="list-style-type: none">• Cereal• Fruit Cup• 1 % Milk	16 <ul style="list-style-type: none">• Yogurt• Scooby Doo Baked Graham Crackers• Fruit Cup• 1 % Milk	17 <ul style="list-style-type: none">• Pop Tart• Fruit Cup• 1 % Milk	18 <ul style="list-style-type: none">• Cereal Bar• String Cheese• Fruit Cup• 1 % Milk	19 <ul style="list-style-type: none">• Dried Cherry Muffins• Fruit Cup• 1 % Milk
22 <ul style="list-style-type: none">• Cereal• Fruit Cup• 1 % Milk	23 <ul style="list-style-type: none">• Yogurt• Muffin• Fruit Cup• 1 % Milk	24 <ul style="list-style-type: none">• Breakfast Bread• Fruit Cup• 1 % Milk	25 <ul style="list-style-type: none">• Nutri Grain Bar• String Cheese• Fruit Cup• 1 % Milk	26
29	30	31		
Spring Break-No School	Spring Break-No School	Spring Break-No School	Spring Break-No School	

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March 2021

Elementary

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <ul style="list-style-type: none"> • Mini Corn Dogs • Fresh Apple • Fresh Carrots • Milk 	2 <ul style="list-style-type: none"> • Taco Salad • Mandarin Oranges • Lettuce • Fresh Tomato • Shredded Cheese • Milk 	3 <ul style="list-style-type: none"> • Chicken Nuggets • Pears • Green Beans • Milk 	4 <ul style="list-style-type: none"> • Cheeseburger • Orange Wedges • Corn • Milk 	5 <ul style="list-style-type: none"> • Fish Sticks • Tartar Sauce • Craisins • Green Peas • Milk
8 <ul style="list-style-type: none"> • Corn Dog on a Stick • Applesauce • Fresh Carrots • Milk 	9 <ul style="list-style-type: none"> • Pepperoni Pizza • Strawberry Cup • Lettuce • Fresh Tomato • Milk 	10 <ul style="list-style-type: none"> • Chicken Patty on a Bun • Peaches • Mixed Vegetables • Milk • Mini Rice Krispy Treat 	11	12 <ul style="list-style-type: none"> • French Toast Sticks • Little Smokies • Syrup • Applesauce • Fresh Carrots • Milk
15 <ul style="list-style-type: none"> • Chicken Strips • Applesauce • Baked Beans • Milk 	16 <ul style="list-style-type: none"> • Walking Taco • Apple Slices • Lettuce • Fresh Tomato • Shredded Cheese • Milk 	17 <ul style="list-style-type: none"> • Teriyaki Chicken • Harvest Cheddar Sun Chips • Pears • Fresh Broccoli • Milk 	18 <ul style="list-style-type: none"> • Homemade Cheeseburger Pizza • Strawberry Cup • Corn • Milk 	19 <ul style="list-style-type: none"> • Cheesy Breadsticks • Marinara Sauce • Pineapple • Green Peas • Milk
22 <ul style="list-style-type: none"> • Omelet • Sausage Patty • Homemade Bread • Applesauce • Fresh Carrots • Milk 	23 <ul style="list-style-type: none"> • Pepperoni Pizza • Peaches • Lettuce • Fresh Tomato • Milk 	24 <ul style="list-style-type: none"> • Creamed Chicken • Mashed Potatoes • Goldfish Pretzel • Orange Wedges • Fresh Broccoli • Milk 	25 <ul style="list-style-type: none"> • Hot Dog on a Bun • Mixed Fruit • Fresh Carrots • Milk 	26
29 <p>Spring Break-No School</p>	30 <p>Spring Break-No School</p>	31 <p>Spring Break-No School</p>		

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